

MS WALK RUN+ROLL

SUNDAY 26 MAY | SYDNEY | Metcalfe Park – Pyrmont

#mswalkrunroll | 1300 733 690 | events@ms.org.au

mswalk.org.au

5 km Course

1 lap of orange course

10 km Course

2 laps of orange course



Toilets



Water



First Aid



Food / Drink



Information

Rest Site 1 Waterfront Park



EPIC VIEW'S
HERE!

PIRRAMA
PARK

JONES BAY
WHARF

PIRRAMA RD

DARLING ISLAND RD

METCALFE
PARK

REFINERY DR

BOWMAN ST

THE STAR LIGHT
RAIL STATION

THE STAR

PYRMONT BAY
PARK

PYRMONT FERRY STOP
& DARLING HARBOUR

Start / Finish Metcalfe Park



Rest Site 2 (10km only) Metcalfe Park



*Subject to change