

MS WALK RUN+ROLL

SUNDAY 30 MARCH 2025 | SYDNEY | Metcalfe Park – Pyrmont

#mswalkrunroll | 1300 733 690 | events@ms.org.au

mswalk.org.au

- 1 5km Course**
One lap of orange course
- 2 10km Course**
Two laps of orange course

Rest Site 1 Waterfront Park

- Toilets
- Water
- First Aid
- Entertainment

Start/Finish Metcalfe Park

- Information
- Food/Drink
- Live Entertainment
- Face Painting
- Toilets
- Water
- First Aid
- Fundraising
Reward Collection

Rest Site 2 (10km only) Metcalfe Park

- Water



*Subject to change